

**EGS Fall Program:
Expressive Arts and Global Health
Fall 2026 (October 22nd – 31st); Valletta, Malta**



In today's world, how might we imagine new ways forward?

How do you build health in the midst of ruins?

How do we contribute to the conditions of possibility?

Faculty Team

[Shabrae Jackson](#), PhD Candidate

[Chelsea Wilkinson](#), PhD

[Professor Melinda Ashley Meyer](#), PhD



Topics that will be addressed include:

- Introduction to conflict transformation theories
- The role of poiesis and conflict transformation
- Health-building as peacebuilding: The salutogenic model as a theory to guide health promotion
- Stress and trauma: trauma informed care through an EXA lens
- From senseless to sensitivity
- The relationship between everyday ritual and ambiguous loss.
- Arts and social change: expanding the play range to get out of feeling stuck/dire straits with communities and groups.
- Introduction to the Expressive Arts in Transition (EXIT) program and methodology: an evidence-based stress management program for people suffering from traumatic stress.







Fort St. Elmo



Logistics:

- Dates October 22nd - 31st, 2026
- Fort St. Elmo in Valletta, Malta
- Choose your own accommodation
- Schedule:
 - Two daily sessions
 - Half-day excursion to Mdina
 - Outside Lecturers

*Note: This course is required for EGS students in the MA Expressive Arts Program with a concentration in Conflict Transformation and Peacebuilding.

